AGENDA

THURSDAY, MARCH 5TH

7:30 a.m. – 7:50 a.m.  Welcome/Introductions and Tips for Success

7:55 a.m. – 9:10 a.m.  Principles of Aging
Lisa C. Hutchison, Pharm.D., MPH, BCGP, BCPS, FCCP
ACPE Number: 0204-9999-20-900-L04
Application-based: 1.25 credit hour
Objectives:
1. Summarize the spectrum of aging and physiological heterogeneity of older adults.
2. Apply the knowledge of physiologic changes associated with aging to the clinical use of medications (e.g., pharmacokinetics and pharmacodynamics).
3. Describe social and financial issues that impact therapeutic recommendations for geriatric patients.
4. Select the appropriate treatment and monitoring for a patient with frailty.

9:10 a.m. – 9:25 a.m.  BREAK

9:25 a.m. – 11:25 a.m.  Complex Case: Ambulatory - Geriatric Clinic
Emily Ellsworth, Pharm.D., BCGP
ACPE Number: 0204-9999-20-901-L01
Application-based: 2.0 credit hours
Objectives:
1. Interpret results of screening and assessments in the management of the geriatric patient.
2. Select the appropriate treatment and monitoring for a complex patient-case with multiple conditions, including:
   • Chronic obstructive pulmonary disease
   • Osteoarthritis
   • Depression
   • Urinary tract infection
   • Glaucoma
   • Herpes Zoster
3. Evaluate strategies to promote evidence-based approaches for screening, immunizations, health promotion, and disease prevention for older adults.
4. Assess a patient medication list, including prescription and over-the-counter medications, and complementary and alternative therapies.
5. Identify the components of an interprofessional, comprehensive geriatric assessment and the roles individual disciplines play in conducting and interpreting a comprehensive geriatric assessment.

6. Assess specific risks to older adult safety, including falls, abuse, physical/chemical restraints, and other environmental hazards.

7. Explain the role of advanced directives and living wills, do not resuscitate, power of attorney, and other substitute decision-makers documents in medication use decisions.

11:25 a.m. – 12:30 p.m.  LUNCH (on your own)

12:30 p.m. – 2:30 p.m.  Complex Case: Inpatient - Surgery to Skilled Nursing Facility
Lisa C. Hutchison, Pharm.D., M.P.H., BCGP, BCPS, FCCP
ACPE Number: 0204-9999-20-902-L01
Application-based: 2.0 credit hours

Objectives:
At the end of the presentation, the pharmacist should be able to:
1. Interpret results of screening and assessments in the management of the geriatric patient.
2. Select the appropriate treatment and monitoring for a complex patient-case with multiple conditions, including:
   - Delirium
   - Deep vein thrombosis prophylaxis
   - Pneumonia
   - Anxiety
   - Pain management (acute)
   - Fluid & electrolyte disorder
   - Falls
3. Define the continuum of care available to geriatric patients, such as community resources, home care, assisted living facilities, nursing facilities, sub-acute care facilities, hospice care, and hospitals.
4. Explain the need for continuity of treatment and communication across the spectrum of services and during transitions between care settings.
5. Identify potential hazards of hospitalization for older adults, including immobility, delirium, medication side effects, malnutrition, pressure ulcers, procedures, and hospital acquired infections.
6. Assess specific risks to older adult safety, including falls, abuse, physical/chemical restraints, and other environmental hazards.
7. Recognize iatrogenic conditions (e.g., healthcare associated infections, falls, pressure ulcers, medication-induced).

2:30 p.m. – 2:45 p.m.  BREAK
Complex Case: Skilled Nursing Care
Trista Askins-Bailey, Pharm.D., BCGP, BCPS
ACPE Number: 0204-9999-20-903-L01
Application-based: 2.0 credit hours

Objectives:
At the end of the presentation, the pharmacist should be able to:
1. Interpret results of screening and assessments in the management of the geriatric patient.
2. Select the appropriate treatment and monitoring for a complex patient-case with multiple conditions, including:
   - Anemia
   - Anxiety
   - Deep vein thrombosis prophylaxis
   - Osteoporosis
   - Pain management
   - SIADH
   - Falls
   - Constipation
3. Explain the need for continuity of treatment and communication across the spectrum of services and during transitions between care settings.
4. Identify potential medication-related causes of declining physical and cognitive function.
5. Select methods to facilitate medication reconciliation during transitions of care.
6. Summarize limitations of biomedical information for the care of older adults.
7. Apply outcomes of investigations to optimize care of older adults.
8. Develop strategies to prevent or resolve iatrogenic conditions.
9. Recognize elder abuse/neglect (e.g., physical, psychological, and financial).
10. Identify resources to assist in prevention, reporting, and treatment of elder abuse/neglect.

FRIDAY, MARCH 6TH

7:30 a.m. – 7:35 a.m. Welcome and Announcements

7:35 a.m. - 9:35 a.m. Complex Case: Long-term Care
Amie Taggart Blaszczyk, Pharm.D., BCGP, BCPS, FASCP
ACPE Number: 0204-9999-20-904-L01
Application-based: 2.0 credit hours

Objectives:
At the end of the presentation, the pharmacist should be able to:
1. Interpret results of screening and assessments in the management of the geriatric patient.
2. Select the appropriate treatment and monitoring for a complex patient-case with multiple conditions, including:
3. Summarize ethical issues that arise during therapy with individuals who have diminished decision-making capacity.

4. Identify potential medication-related causes of declining physical and cognitive function.

5. Identify clinical situations where life expectancy, functional status, patient preference or goals of care should override standard recommendations for screening/treatment.

6. Summarize care need priorities considering severity of illness, patient preference, quality of life, and time to benefit.

7. Select interventions and behaviors that promote physical and mental health, nutrition, function, safety, social interactions, independence, and quality of life to older adults and their caregivers.

8. Assess specific risks to older adult safety, including falls, abuse, physical/chemical restraints, and other environmental hazards.

9. Apply the findings of research to the care of older adults.


11. Describe the medication utilization process in the long-term care setting as it relates to the consultant pharmacist.

9:35 a.m. – 9:50 a.m.  BREAK

9:50 a.m. – 12:05 p.m.  Complex Case: Hospice/Palliative Care

Jill R. Johnson, Pharm.D., M.H.A., BCGP, BCPS
ACPE Number: 0204-9999-20-905-L01
Application-based: 2.25 credit hours

Objectives:
At the end of the presentation, the pharmacist should be able to:
1. Interpret results of screening and assessments in the management of the geriatric patient.
2. Select the appropriate treatment and monitoring for a complex patient-case with multiple conditions, including:
   - Parkinson’s disease
   - Pressure ulcers
   - Dry mouth
   - Peripheral vascular disease
   - Pain management
3. Summarize care need priorities considering severity of illness, patient preference, quality of life, and time to benefit.
4. Recognize iatrogenic conditions (e.g., healthcare associated infections, falls, pressure ulcers, medication-induced conditions).
5. Apply cultural competency concepts (e.g., ethnic/racial, religion, spiritual, age-related, language) and guidelines to healthcare decisions.
6. Identify clinical situations where life expectancy, functional status, patient preference or goals of care should override standard recommendations for screening/treatment.
7. Recognize need for referral of patients to other healthcare professionals.
8. Explain the altered benefit-risk ratio of medications at the end of life.
9. Discuss end of life issues as they relate to medication appropriateness.

12:05 p.m. – 1:15 p.m.  LUNCH (on own)

1:15 p.m. – 3:15 p.m.  Complex Case: Inpatient to Family Medicine Clinic
Maria Shin, Pharm.D., BCGP, BCPS
Presented by Dana G. Carroll, Pharm.D., BCGP, BCPS, CDE
ACPE Number: 0204-9999-20-906-L01
Application-based: 2.0 credit hours

Objectives:
At the end of the presentation, the pharmacist should be able to:
1. Interpret results of screening and assessments in the management of the geriatric patient.
2. Select the appropriate treatment and monitoring for a complex patient-case with multiple conditions, including:
   - Atrial fibrillation
   - Post-myocardial infarction
   - Heart failure
   - Hypertension
   - Hyperlipidemia
   - Insomnia
   - Drug induced urinary retention
   - Dry eyes
   - Clostridium difficile infection
3. Identify potentially inappropriate medications (PIM) for older adults, as well as medications that contribute to geriatric syndromes or conditions (e.g., falls, cognitive impairment).
4. Assess biomedical information considering study design and methodology, statistical analysis, and significance of reported data and conclusions.

3:15 p.m. – 3:30 p.m.  BREAK
Complex Case: Ambulatory - Family Medicine Clinic

Dana G. Carroll, Pharm.D., BCGP, BCPS, CDE
ACPE Number: 0204-9999-20-907-L01
Application-based: 2.0 credit hours

Objectives:
At the end of the presentation, the pharmacist should be able to:

1. Interpret results of screening and assessments in the management of the geriatric patient.
2. Select the appropriate treatment and monitoring for a complex patient-case with multiple conditions, including:
   - Atrial fibrillation, post-MI
   - Heart failure
   - Coronary artery disease
   - Hypothyroidism
   - Diabetes mellitus, new onset
   - Benign prostatic hyperplasia
   - Hypotension
   - Gastroesophageal reflux disease
3. Evaluate financial/reimbursement issues (e.g., formularies, insurance coverage) when making therapeutic recommendations.
4. Describe steps to assist a patient with payment issues for medications, medication therapy management services, and medical equipment.
5. Describe strategies to assess caregiver knowledge and expectations regarding advanced age and disease on health risks, needs, and treatment of health conditions.
6. Evaluate the appropriateness of care plans and services based on older adults’ and caregivers’ changes in age, health status, and function; assist caregivers in altering plans and actions as needed.
7. Apply strategies for improvement of adherence in older adults, their caregivers and the interprofessional care team.
8. Demonstrate collaboration with older adults, their caregivers, and the healthcare team during care planning and implementation.
9. Explain the need for continuity of treatment and communication across the spectrum of services and during transitions between care settings.
10. Select methods to facilitate medication reconciliation during transitions of care.
11. Apply outcomes of investigations to optimize care of older adults.
7:30 a.m. – 7:35 a.m. Welcome and Announcements

7:35 a.m. - 9:35 a.m. Statistics, Evidence-Based Medicine, and Research Design
Emily Frederick, Pharm.D., BCPS
ACPE Number: 0204-9999-20-908-L04
Application-based: 2.0 credit hours
Objectives:
At the end of the presentation and given an excerpt from a study, the pharmacist should be able to:
1. Evaluate quality and appropriateness of the excerpt, with specific attention to:
   i. study design,
   ii. statistical analysis,
   iii. internal/external validity
   iv. source of bias/confounders
   v. quality of conclusions,
   vi. interpretation of graphs
2. Explain why a statistical test is appropriate or not appropriate, based on the sample distribution, data type, and study design.
3. Interpret clinical and statistical significance for results from commonly used statistical tests.
4. Explain the strengths and limitations of different types of measures of central tendency (mean, median, and mode) and data spread (standard deviation, standard error of the mean, range, and interquartile range).
5. Evaluate odds ratio, risk/incidence rate, relative risk, number needed to treat, number needed to harm, and other risk estimates.
6. Determine whether the study applies to a specified patient population.

9:35 a.m. – 9:50 a.m. BREAK

9:50 a.m. – 11:50 a.m. Geriatric Practice Administration
Heather L. Ourth, Pharm.D., BCPS, BCGP
ACPE Number: 0204-9999-20-909-L04
Application-based: 2.0 credit hours
Objectives:
At the end of the presentation, the pharmacist should be able to:
1. Describe integration of evidence-based geriatric literature into institutional guidelines and processes.
2. Develop a plan to monitor and evaluate compliance with, and impact of, policies and guidelines (e.g., institutional, evidence based).
3. Select quality assurance methods, metrics, and improvement activities, including needs assessment techniques, aimed at enhancing the safety and effectiveness of medication-use processes in the geriatric settings.

4. Explain regulatory/IRB requirements relative to conducting geriatric research.

5. Describe regulatory requirements and organizational structure of long-term care facilities as it relates to the consultant pharmacist.


8. Develop systems to identify risk factors and prevention for adverse drug events/medication incidents/errors in the geriatric patient population.

9. Apply protocols for managing high-risk medications in the elderly.

10. Identify factors that enhance the education and training of geriatric pharmacists available in published documents from relevant professional societies (e.g., ASHP, ACCP, SCP, AGS etc.).

11:50 a.m. – 1:00 p.m. LUNCH (on own)

1:00 p.m. – 3:00 p.m. Complex Case: Assisted Living

Carol Fox, Pharm.D., BCGP
ACPE Number: 0204-9999-20-910-L01
Application-based: 2.0 credit hours

Objectives:

At the end of the presentation, the pharmacist should be able to:

1. Interpret results of screening and assessments in the management of the geriatric patient.

2. Select the appropriate treatment and monitoring for a complex patient-case with multiple conditions, including:
   - Urinary incontinence
   - Dysphagia
   - Stroke
   - Neuropathic pain
   - Gout
   - Seizure disorder
   - Substance abuse

3. Evaluate self-care capacity, including medication self-administration.

4. Recognize signs of substance and medication misuse/abuse in older adults.

5. Assess the impact of social behaviors, including use of tobacco, caffeine, alcohol, and illicit drugs.

6. Recognize need for referral of patients to other healthcare professionals.

7. Apply verbal and nonverbal communication strategies to overcome potential sensory, language, and cognitive limitations in older adults.

8. Evaluate improvement strategies for adherence in older adults, their caregivers and the interprofessional team.
3:00 p.m. – 3:15 p.m.  BREAK

3:15 p.m. – 4:45 p.m.  Antimicrobial Stewardship - Considerations and Limitations in Geriatric Care Settings

Kalin Clifford, Pharm.D., BCGP, BCPS
ACPE Number: 0204-9999-20-911-L04
Application-based: 1.5 credit hours

Objectives:
At the end of the presentation, the pharmacist should be able to:
1. Describe regulations and government guidance statements calling for use of antimicrobial stewardship in geriatric care settings.
2. Apply current literature describing antimicrobial stewardship techniques in the geriatric care setting.
3. Discuss the implications of infectious disease guidelines for use of antimicrobial agents in the geriatric patient population.
4. Select appropriate antibiotic therapy for a geriatric patient, taking into consideration infectious-diseases management principles and patient-specific variables.
5. Formulate appropriate antimicrobial-monitoring recommendations for a geriatric patient based on patient-specific variables and antimicrobial stewardship principles.
6. Develop methods for monitoring trends and identifying opportunities for improvement in antimicrobial use within a geriatric healthcare facility.

4:45 p.m.  Closing Remarks
### Geriatric Pharmacy Specialty Review and Recertification Course Faculty

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<thead>
<tr>
<th>Faculty Name</th>
<th>Title/Position</th>
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<tbody>
<tr>
<td>Trista Askins-Bailey, Pharm.D., BCGP, BCPS</td>
<td>Assistant Professor&lt;br&gt;Texas Tech University Health Sciences Center&lt;br&gt;School of Pharmacy&lt;br&gt;Abilene, Texas</td>
</tr>
<tr>
<td>Amie Taggart Blaszczyk, Pharm.D., BCGP, BCPS, FASCP*</td>
<td>Associate Professor and Division Head – Geriatrics&lt;br&gt;Texas Tech University Health Sciences Center&lt;br&gt;School of Pharmacy&lt;br&gt;Dallas, Texas</td>
</tr>
<tr>
<td>Dana G. Carroll, Pharm.D., BCGP, BCPS, CDE*</td>
<td>Clinical Professor&lt;br&gt;Auburn University Harrison School of Pharmacy&lt;br&gt;Auburn, Alabama&lt;br&gt;University of Alabama Family Medicine&lt;br&gt;Tuscaloosa, Alabama</td>
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<tr>
<td>Kalin Clifford, Pharm.D., BCGP, BCPS</td>
<td>Assistant Professor, Geriatrics &amp; Pediatrics&lt;br&gt;Division, Department of Pharmacy Practice&lt;br&gt;Texas Tech University Health Sciences Center - School of Pharmacy&lt;br&gt;Dallas, Texas</td>
</tr>
<tr>
<td>Emily Ellsworth, Pharm.D., BCGP</td>
<td>Home-Based Primary Care Clinical Pharmacy Specialist&lt;br&gt;Edward Hines Jr. Veterans Affairs Hospital&lt;br&gt;Hines, Illinois</td>
</tr>
<tr>
<td>Carol Fox, Pharm.D., BCGP</td>
<td>Associate Professor and Chair&lt;br&gt;Department of Pharmacotherapeutics and Clinical Research&lt;br&gt;University of South Florida&lt;br&gt;Taneja College of Pharmacy&lt;br&gt;Tampa, Florida</td>
</tr>
<tr>
<td>Emily Frederick, Pharm.D., BCPS</td>
<td>Associate Professor of Clinical and Administrative Sciences&lt;br&gt;Sullivan University College of Pharmacy and Health Sciences&lt;br&gt;Clinical Pharmacist&lt;br&gt;University of Louisville Hospital&lt;br&gt;Louisville, Kentucky</td>
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<tr>
<td>Lisa C. Hutchison, Pharm.D., M.P.H., BCGP, BCPS, FCCP</td>
<td>Professor, Department of Pharmacy Practice&lt;br&gt;University of Arkansas for Medical Sciences&lt;br&gt;Little Rock, Arkansas</td>
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<tr>
<td>Jill R. Johnson, Pharm.D., M.H.A., BCGP, BCPS</td>
<td>Clinical Pharmacy Specialist&lt;br&gt;Veterans Affairs Medical Center&lt;br&gt;Memphis, Tennessee</td>
</tr>
<tr>
<td>Heather L. Ourth, Pharm.D., BCPS, BCGP</td>
<td>National Program Manager: Clinical Pharmacy Practice Program and Outcomes Assessment&lt;br&gt;Pharmacy Benefits Management Services 10P4P&lt;br&gt;Department of Veterans Affairs&lt;br&gt;Washington, District of Columbia</td>
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<tr>
<td>Maria Shin, Pharm.D., BCGP, BCPS*</td>
<td>Clinical Pharmacy Specialist, Internal Medicine&lt;br&gt;Robley Rex Louisville Veterans Affairs Medical Center&lt;br&gt;Louisville, Kentucky</td>
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*Content matter experts*
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